How to Email Your Member of Parliament:

Help Protect Orcas, Nature, and Your Community

Why Your Email Matters

The federal government is expected to introduce legislation this fall that could weaken Canada's environmental laws to fast-track major projects such as pipelines, LNG terminals, and major port expansions.

The proposed changes could:

- Allow Cabinet to approve industrial projects without assessing their health and environmental impacts such as, protections for endangered species like the Southern Resident Orca.
- Reduce opportunities for public participation.
- Undermine meaningful consultation with Indigenous communities.

A personalized email shows your MP that someone in their community is paying attention. Sending an email is one of the quickest and easiest ways to make your voice heard. Emails are read by staff, shared with MPs, and counted to understand what issues matter most to constituents.

Before you write

- Keep your email short—200 to 300 words is plenty.
- Introduce yourself and mention that you are a constituent.
- Share one personal reason why this issue matters to you.
- Include your postal code so your MP knows you live in their riding.
- Be respectful and ask for a response.

Remember: You don't need to be an expert. Personal stories are more persuasive than repeating facts.

You can find your MP's constituency office email or your MP's email at ourcommons.ca/members.

Writing your Email

1. **Ask your MP to** oppose any legislation that weakens Canada's environmental laws to fast-track major projects like pipelines, LNG terminals, and major port expansions.
2. **Make your email Personal:** Adding one or two sentences about why you care makes your message much more meaningful.

For example:

- Healthy ecosystems are important to my family and community.
- I believe Canada can build responsibly without weakening environmental protections.
- Protecting Canada's biodiversity, especially vulnerable species, is important to me.
- I want Canada to invest in clean energy rather than expanding fossil fuel infrastructure.

Use your own words; the most effective emails are authentic.

3. **Before You Hit Send.** Re-read your email before you hit send so it is clear, concise and respectful.
    a. Double-check that you've included your postal code.
    b. Add one personal reason why this issue matters to you.
    c. Keep your email respectful and concise.
    d. Ask your MP to respond.

4. **Get others to join you.** Encourage friends and family to send an email too, when MPs receive many messages from constituents, they know the issue matters to their community.

Sample Email

Subject: Protect Canada's Environmental Laws

Dear MP [Last Name],

As a constituent living in your riding, I'm writing because I'm deeply concerned about the federal government's proposed changes to how industrial projects get approved and the impacts the changes will have on endangered species, our waterways and Indigenous rights.

I'm especially concerned that [INSERT PERSONAL REASON]

I'm asking you to **oppose any legislation that weakens Canada's environmental laws to fast-track major projects like pipelines, LNG terminals, and major port expansions.** I also expect you to support strong

protections under the Species at Risk Act, federal environmental assessment laws, and meaningful consultation with Indigenous communities.

This issue is important to me because **[add one or two personal sentences about why you care].**

I would appreciate hearing your position on these proposed changes.

Thank you for your time and for representing our community.

Sincerely,

[Your Name]

[Postal Code]