



How to Call Your Member of Parliament:

Help Protect Orcas, Nature, and Your Community

Why call?

This fall, the federal government is expected to introduce legislation that could weaken environmental protections to speed up approvals for major projects like pipelines, LNG terminals, and port expansions.

The proposed changes could:

- Remove protections for endangered species like the Southern Resident Killer Whale,
- Allow Cabinet to approve industrial projects without assessing their environmental or health risks,
- reduce public participation,
- undermine meaningful consultation with Indigenous communities.

Calling is one of the most effective ways to influence your MP. Staff keep track of every call they receive, and a surge in calls tells an MP that constituents are paying attention.

Before You Call

- ☐ Find your MP's phone number (ourcommons.ca/members or SaveTheOrcas.ca).
- ☐ Think of one reason this issue matters to you.
- ☐ Be ready to leave a voicemail if no one answers. MPs and their staff are busy, but messages are still logged and shared with the office, so leaving a voicemail is an important way to make your voice heard.

Tips for your call

- Be polite and respectful to everyone you speak with.
- Introduce yourself and mention that you live in the MP's riding.
- Write out your script beforehand so you know what you are going to say.
- Leave a voicemail if no one answers; an unanswered call doesn't mean your message won't be heard.
- If you don't hear back within a week, consider calling again.



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Remember: You don't need to be an expert. Your personal perspective is what matters most.

During Your Call: Keep your request simple and specific.

You can start by:

- **Introducing yourself** as a concerned constituent (i.e. saying I live in your riding).
- **Explain Why You're Calling:** Tell them you are calling because you oppose the federal government's proposed changes to major project approvals, which would weaken environmental and species protections to fast-track projects like pipelines.
- **Make Your Ask:** Ask your MP to publicly oppose the proposal and vote against any bill that puts health, nature and animals at risk.
- **Make It Personal:** This is the most important part. One sentence is enough.

For example:

- I want future generations to experience wildlife like the Southern Resident Orca.
- Healthy ecosystems are important to my family.
- I want Canada to invest in clean energy rather than expand fossil fuel production.

Research consistently shows MPs remember personal stories more than statistics.

Before You Hang Up: Before ending the call:

- Thank the staff member.
- Leave your email address if you'd like a response.

Encourage friends and family to call too.



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EXAMPLE SCRIPT: Here is a sample script you can use.

"Hi, my name is **[Name]**, and I'm a constituent from **[Community]**.

I'm calling because I'm concerned about the federal government's proposed changes to Canada's environmental laws.

I'm asking MP **[Name]** to oppose any legislation that weakens environmental protections to fast-track major projects like pipelines.

Environmental laws exist to protect people, wildlife, and communities. Canada can build responsibly without weakening the laws that protect endangered wildlife like the Southern Resident Killer Whale.

This issue is important to me because **[personal reason]**.

Thank you for your time. I'd appreciate hearing the MP's position on these proposed changes.

My email is **[email]**."

If You'd Like to Say More: If the conversation continues, here are a few additional points.

Choose one or two that matter most to you.

- **Environmental laws exist to protect people, communities, wildlife, and future generations, not to slow progress.** Strong environmental assessments and laws help avoid costly and irreversible impacts by identifying risks early in project design rather than after harm is done.
- **No government should be giving hand-picked projects a free pass to threaten species survival or destroy critical habitat.** Canadians deserve to fully understand the environmental and health impacts of major projects before they are approved.
- **Canadians have fought for environmental protections** and understand what happens when we skip proper environmental reviews: contaminated



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water, destroyed habitat, and health impacts for communities.

- **Canada is falling behind in the global shift to clean energy.** Instead of fast-tracking new fossil fuel projects, we should be investing in clean energy and climate solutions that reduce emissions and protect the economy from rising transition risks.